

YOU ALREADY KNOW SOMETHING HAS TO CHANGE.

THE ART OF MASCULINITY

A live seminar for men ready to stop drifting
and start building the life they actually want.



Tired of going through the motions?
Feeling invisible in your own life?
You're not broken. You're just not built for average.

**ONE DAY. ONE DECISION.
EVERYTHING SHIFTS.**

breakfreeseminars.com/the-art-of-masculinity

WHAT YOU'LL WALK AWAY WITH

- Clarity on who you are and what you actually want
 - A framework to kill the habits keeping you stuck
 - Confidence that comes from action, not affirmation
 - A brotherhood of men on the same mission
 - Tools to lead yourself before you lead anyone else
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THIS IS FOR YOU IF:

- You're successful on paper but empty inside
 - You've been playing it safe and you know it
 - You're done waiting for permission to become the man you know you can be
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**STOP THINKING ABOUT IT.
COMMIT.**

**December 4-6, 2026
Chilliwack, B.C.**



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Limited seats. No replays. This is a room you have to be in.

BREAK FREE SEMINARS

